PROFESSIONAL DEVELOPMENT COURSE

PT, PTA & STUDENTS WELCOME

"Evidence Based Vestibular Rehabilitation"

May 1st-2nd, 2021 An Interactive Web/Zoom-Based Course Day 1 + Course: 8:00 AM to 5:00 PM (CST) Day 2 + Course: 8:00 AM to 4:00 PM (CST)

<u>Course Description:</u> This course is intended for clinicians who would like to advance their skills in examination and treatment of patients needing vestibular rehabilitation. The course will include how to differentiate between central and peripheral deficits, perform differential diagnosis and evidenced based treatment options for BPPV, vestibular hypofunction, habituation for certain central disorders. The course will also include the most recent evidence available in vestibular rehabilitation for discussion on how to treat conditions such as vestibular migraine, Persistent Postural Perceptual Dizziness (PPPD), Mal de Debarquement Syndrome (MdDS), concussion, and cervicogenic dizziness. There will be both lecture and lab time to allow participants to practice learned techniques, discuss and integrate the material with real patient cases, see vestibular infrared goggles as an assessment tool, and gain confidence and comfort with treating patients with vestibular deficits.

Notes:

1) Participants will have the additional benefit of permanent access to the video recordings of the course upon completion for further review and learning.

2) Additional individual and group web based options for vestibular mentoring and consultation are available after this course as well!

Course Objectives: After participating in the course, you will be able to:

- Perform a complete vestibular examination, including oculomotor examination, positional testing, and differentiate between signs and symptoms of peripheral vs central origin.
- Demonstrate appropriate selective techniques for treating BPPV of all 6 canals.
- More confidently manage a patient with dizziness including progression of vestibular rehabilitation programs for concepts such as adaptation, habituation and substitution.
- Demonstrate knowledge of updated research, secondary diagnoses, and reasons to refer to a MD.
- Verbally discuss management of moderately complex patients presenting with more than one deficit (ie cervicogenic dizziness along with BPPV).

Total CEU's: 15

Disclosure Statement: Instructor has no conflicts of interest or relevant financial relationships.

<u>Cancelation Policy</u>: Cancel 14 days prior to course and NO cancelation fee is assessed. Cancel less than 14 days prior to course and there will be no refund. If the class is cancelled by the instructor, a full refund will be provided.

Non-Discrimination Statement: Instructors do not discriminate on the basis of race, color, national origin, religion, sex, disability, military status, sexual orientation or age. Big Stone Therapies is committed to accessibility and non-discrimination in all aspects of its continuing education activities. Participants who have special needs are encouraged to contact program organizers so that all reasonable efforts to accommodate these needs can be made.



Jeffrey Donatelle PT, DPT, OCS, ATC, Cert. DN Vestibular Rehab Competency Trained Specialist

<u>Day 1:</u>

8:00-8:10 Introductions
8:10-10:00 Anatomy and Physiology of the Vestibular
System and discussion of central vs peripheral
disorders
10:00-10:15 Break
10:15-12:00 Lab/Lecture - Vestibular
exam and BPPV treatment options
12:00-12:30 Lunch
12:30-2:15 Lab/Lecture - Vestibular exam and BPPV
treatment options continued
2:15-2:30 Break
2:30-3:00 Habituation and VOR treatment examples
3:00-4:45 Vestibular Migraine, PPPD, Cerebellar
dizziness and Central patterns
4:45-5:00 Open discussion and questions

Day 2:

8:00-9:00 Review and Round Robin of Day 1 9:00-10:00 New Research in Vestibular Rehab (including the light cupula, Visually Induced Dizziness (ViD), Mal de Debarquement, recommendations on Vit D, vestibular implants, and concussion 10:00-10:15 Break 10:15-11:00 Cervicogenic dizziness and discussion on when to refer out for consultation

12:00-12:30 Lunch

12:30-2:00 Putting it all together with case studies – How to examine, treat and progress patients with common and uncommon vestibular dysfunction **2:00-2:15** Break

- 2:15-3:00 Quiz/discussion of quiz
- **3:00-4:00** Review, Question/Answer Session Course schedule runs on Central Standard Time.





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"Evidence Based Vestibular Rehabilitation"

PT, PTA, SPT'S WELCOME

Registration Information

Course Value: \$700

Current Course Bargain: \$450 (PT and PTA), \$300 (SPT)

Registration Deadline 4/15/2021

Live Zoom Webinar | May 1-2, 2021

To register for this course, please e-mail or mail the completed form to the name and address below.

(Please print clearly. Your name should reflect how you wish it to appear on the certificate.)

Name and Credentials:		
Company Name:	Email address:	
Mailing Address:		
Contact phone:	-	
How you heard about this course:		

Payment Info: Please include check payable to "Jeffrey Donatelle." Checks will not be processed until the completion of the course.

Cancellation policy: Cancel 14 days prior to course and NO cancelation fee is assessed. Cancel less than 14 days prior to course and there will be no refund. If the class is cancelled by the instructor, a full refund will be provided.

To register, please mail or email completed forms to:

Jeffrey Donatelle c/o Big Stone Therapies 15620 Edgewood Dr., Unit 240 Baxter, MN 56425

